

Monday

Tuesday

Wednesday

Thursday

Friday



February 2024

Adult Day Health Care Center

Activity Calendar

<p style="text-align: right;">5</p> <p>8:00 Coffee & Table Talk Tidbits 9:00 Chair Zumba 10:00 Volleyball 12:15 Table Games / Siesta 1:00 Painting Class 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 Sing Along / Rhythm Band</p>	<p style="text-align: right;">6</p> <p>8:00 Coffee & Daily Chronicles 9:00 English Bible Study / Dominoes / Manicures 10:00 Valentine Painting Craft 12:15 Table Games / Siesta Time 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Noodle Ball</p>	<p style="text-align: right;">7</p> <p>8:00 Coffee & Daily Chronicles 8:30 Beetle's History / Trivia 9:00 Spanish Bible Study / Puzzles / Gardening 10:00 Cards / Sorting Activities 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Shake Loose Memories</p>	<p style="text-align: right;">8</p> <p>Spa Day 8:00 Coffee & Daily Chronicles 9:00 Exercise Class 9:30 Spa Day 10:00 Dominoes / Uno 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 How Many Can You Think Of?</p>	<p style="text-align: right;">9</p> <p>National Wear Red Day 8:00 Coffee & Daily Chronicles 8:30 Famous "Reds" Word Match 9:00 Life Long Learning in Black History Month-Who Am I? 10:00 Music, Dance, & Fun 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Red Detective Story</p>
<p style="text-align: right;">12</p> <p>8:00 Coffee & Table Talk Tidbits 9:00 Morning Stretch & Flex 10:00 Toss Like A Boss Game 12:15 Table Games / Siesta 1:00 Painting Class 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 Finish The Phrase</p>	<p style="text-align: right;">13</p> <p>Mardi Gras Celebration 8:00 Coffee & Daily Chronicles / Mardi Gras Puzzles 9:00 English Bible Study / Dominoes / Manicures / Gardening 10:00 Mardi Gras Mask Making Craft 12:15 Table Games / Siesta Time 1:45 Afternoon Snack Chat 2:15 Steal My Beads Game 3:30 Skee-ball</p>	<p style="text-align: right;">14</p> <p>Valentine's Day Party 8:00 Coffee & Daily Chronicles 8:30 Conversation Hearts Chat 8:45 Spanish Bible Study / Puzzles 10:00 Valentine's Day Party 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:00 King & Queen Coronation 2:30 Bingo 3:30 Sweetheart Sing Along</p>	<p style="text-align: right;">15</p> <p>Birth Day Celebration 8:00 Coffee & Daily Chronicles 8:30 Famous Feb. Birthday Puzzle 9:00 Roll A Workout 10:00 Dominoes / Group Solitaire 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:00 Birthday Party With Music Entertainment by Pete Jorgensen 3:30 Noodle Ball</p>	<p style="text-align: right;">16</p> <p>8:00 Coffee & Daily Chronicles 9:00 Life Long Learning in Black History Month-Who Am I? 10:00 Music, Dance, & Fun 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Clothespin Race</p>
<p style="text-align: right;">19</p> <p>President's Day 8:00 Coffee & Table Talk Tidbits 8:30 Presidential Puzzles 9:00 Chair Zumba 10:00 Volleyball 12:15 Table Games / Siesta 1:00 Painting Class 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 President Wheel of Fortune</p>	<p style="text-align: right;">20</p> <p>8:00 Coffee & Daily Chronicles 9:00 English Bible Study / Dominoes / Manicures 10:00 Stained Glass Hearts Craft 12:15 Table Games / Siesta Time 1:45 Afternoon Snack Chat 2:15 Pokeno 3:30 Noodle Ball</p>	<p style="text-align: right;">21</p> <p>8:00 Coffee & Daily Chronicles 9:00 Spanish Bible Study / Puzzles / Gardening 10:00 Cards / Sorting Activities 12:15 Movie Matinee / Siesta 1:00 Make & Take Dish Garden 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Sing Along / Rhythm Band</p>	<p style="text-align: right;">22</p> <p>8:00 Coffee & Daily Chronicles 8:30 Nutrition Education 9:00 Exercise Class 10:00 Dominoes / Uno 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Strike Up A Conversation</p>	<p style="text-align: right;">23</p> <p>8:00 Coffee & Daily Chronicles 9:00 Life Long Learning in Black History Month-Who Am I? 10:00 Music, Dance, & Fun 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Three In A Row</p>
<p style="text-align: right;">26</p> <p>8:00 Coffee & Table Talk Tidbits 9:00 Morning Stretch & Flex 10:00 Bowling 12:15 Table Games / Siesta 1:00 Painting Class 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 This & That Trivia</p>	<p style="text-align: right;">27</p> <p>8:00 Coffee & Daily Chronicles 9:00 English Bible Study / Dominoes / Manicures / Gardening 10:00 Sorting / Coloring / Cards 12:15 Table Games / Siesta Time 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Target / Dart Toss</p>	<p style="text-align: right;">28</p> <p>Multicultural Day Party 8:00 Coffee & Daily Chronicles 9:00 Spanish Bible Study / Puzzles 10:00 Multicultural Day Celebration 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Sing Along / Rhythm Band</p>	<p style="text-align: right;">29</p> <p>Leap Day 8:00 Coffee & Daily Chronicles 8:30 Leap Day / Frog Word Search 9:00 Roll A Workout 10:00 Dominoes / Group Solitaire 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Leap Frog Lily Pad Game</p>	<p style="text-align: center;"><i>February Holidays</i> <i>Feb. 14th</i> <i>Valentine's Day</i> <i>Ash Wednesday</i> <i>Feb. 19th</i> <i>President's Day</i></p> 