

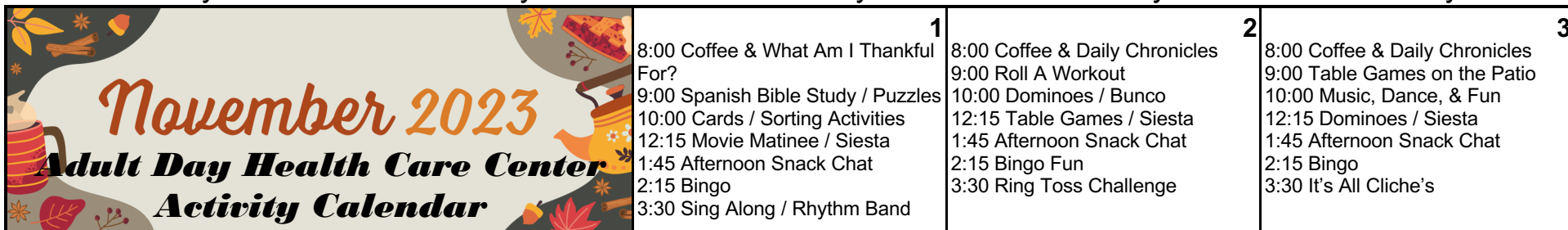
Monday

Tuesday

Wednesday


Thursday

Friday



November 2023

Adult Day Health Care Center Activity Calendar

	6	Election Day	7	1	2	3
	8:00 Coffee & Table Talk Tidbits 9:00 Morning Stretch & Flex 10:00 Gardening Club 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 Noodle Ball	8:00 Coffee & Election Day Facts 8:45 Daily Word / Dominoes / Manicures 10:00 Glamour Shots/Picture Day 12:15 Table Games / Siesta Time 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Sing Along / Rhythm Band	8:00 Coffee & Who Am I? 9:00 Spanish Bible Study / Puzzles 10:00 Cards / Sorting Activities / Board Games 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Crafty Creations 3:30 Sorry Game	8:00 Coffee & What Am I Thankful For? 9:00 Spanish Bible Study / Puzzles 10:00 Cards / Sorting Activities 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Sing Along / Rhythm Band	8:00 Coffee & Daily Chronicles 9:00 Roll A Workout 10:00 Dominoes / Bunco 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 Ring Toss Challenge	8:00 Coffee & Daily Chronicles 9:00 Table Games on the Patio 10:00 Music, Dance, & Fun 12:15 Dominoes / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 It's All Cliche's
	13	14	15	8	9	10
	8:00 Coffee & Table Talk Tidbits 9:00 Morning Stretch & Flex 10:00 Bingo Fun 12:15 Table Games / Siesta 2:00 November Birthday Party with Music Entertainment by Norma 3:30 Clothespin Races	8:00 Coffee & Teddy Bear History 9:00 Daily Word / Dominoes / Manicures 10:00 Volleyball 12:15 Table Games / Siesta Time 1:45 Afternoon Snack Chat 2:15 Crafty Creation 3:30 Name 10 Game	8:00 Coffee & Daily Chronicles 9:00 Spanish Bible Study / Puzzles 10:00 Cards / Sorting Activities 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Sing Along / Rhythm Band	8:00 Coffee & Who Am I? 9:00 Spanish Bible Study / Puzzles 10:00 Cards / Sorting Activities / Board Games 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Crafty Creations 3:30 Sorry Game	8:00 Coffee & Daily Chronicles 9:00 Exercise Class 10:00 Dominoes / Bunco 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 This and That Trivia	Honoring Our Veterans Today 8:00 Coffee & Veterans Day Trivia 9:00 Nutrition Education 10:00 Music, Dance, & Fun 12:15 Dominoes / Siesta 1:45 Afternoon Snack Chat 2:00 Veterans Day Program 3:30 Shake Loose Memories
	20	21	Adult Day Health Care 22 Center Closes at 3 pm		Adult Day Health Care 23 Center Is Closed Today	
	8:00 Coffee & Table Talk Tidbits 9:00 Morning Stretch & Flex 10:00 Toss Like a Boss Game 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 Noodle Ball	8:00 Coffee & Daily Chronicles 9:00 Daily Word / Dominoes / Manicures / Gardening Club 10:00 Uno / Color Me Calm 12:15 Table Games / Siesta Time 1:45 Afternoon Snack Chat 2:15 Pokeno 3:30 Floor Dart Toss	8:00 Coffee & Turkey Trivia 8:45 Spanish Bible Study / Puzzles 10:00 Turkey Trot Races 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:00 Bingo Fun			
	27	28	29	30	Adult Day Health Care 24 Center Is Closed Today	
	8:00 Coffee & Table Talk Tidbits 9:00 Morning Stretch & Flex 10:00 Gardening Club 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 Ring Toss Challenge	8:00 Coffee & Daily Chronicles 9:00 Daily Word / Dominoes / Manicures 10:00 Uno / Color Me Calm 12:15 Table Games / Siesta Time 1:45 Afternoon Snack Chat 2:15 Bingo 3:30 Sing Along / Rhythm Band	8:00 Coffee & Daily Chronicles 9:00 Spanish Bible Study / Puzzles 10:00 Cards / Sorting Activities 12:15 Movie Matinee / Siesta 1:45 Afternoon Snack Chat 2:15 Crafty Creations 3:30 High Roller Game	8:00 Coffee & Daily Chronicles 9:00 Exercise Class 10:00 Dominoes / Bunco 12:15 Table Games / Siesta 1:45 Afternoon Snack Chat 2:15 Bingo Fun 3:30 Noodle Ball	